

## 18 things we can learn from a dog



- 1. Never pass up the opportunity to go for a joyride**
- 2. Allow the experience of fresh air and wind in your face to be pure ecstasy.**
- 3. When loved ones come home, always run to greet them.**
- 4. When it is in your best interest, practice obedience.**
- 5. Let others know when they have invaded your territory.**
- 6. Take naps and stretch before rising.**
- 7. Run, romp and play daily.**
- 8. Eat with gusto and enthusiasm.**
- 9. Be loyal.**
- 10. Never pretend to be something you're not.**
- 11. If what you want lies buried, dig until you find it.**
- 12. When someone is having a bad day, be silent, sit close by and nuzzle him or her gently.**
- 13. Thrive on attention and love.**
- 14. Avoid biting when a simple growl will do.**
- 15. On hot days, drink lots of water and lie under a shady tree.**
- 16. When you're happy, dance around and wag your entire body.**
- 17. Delight in the simple joy of a long walk.**
- 18. No matter how often you're scolded, don't buy into the guilt thing and pout, run right back and make friends.**